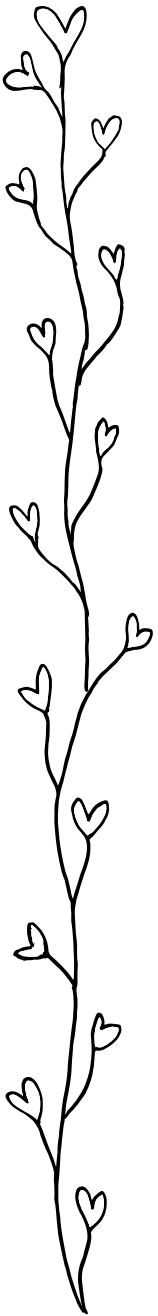


when you are feeling blue, fill in this list:

10 things i am grateful for



1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

now don't you feel better?

